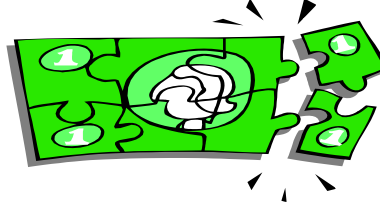




Help for Hard Times...



Vision 2020, a committee of the Waushara Prevention Council, Inc. has compiled this guide to help people in **Waushara County** who are unemployed or struggling financially.

2018

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A network of committed community members and organizations who collaborate and advocate for effective prevention programs serving Waushara County.

www.wausharapreventioncouncil.org



Your Financial Checklist

In this struggling economy, you may have found yourself among many in the community facing the loss of a job, reduced hours, and/or financial trouble. This guide is intended to help you answer the question "Now what?" Many organizations in the Waushara County area exist to help you, whether it's managing your finances, discount or free health services, food, clothing, shelter, or other services.

**Evaluating your finances: Reduced income is going to require expert money management.
This checklist will help you get started.**

Determine your financial resources.

Savings, pension or profit sharing, thrift plan, stocks, cash values of life insurance, unemployment compensation, severance pay, spouse's income, medical benefits, etc.

Plan a realistic budget.

Keep a record of your family's expenses: electric bills, water bills, heating bills, mortgage or rent, car payments, insurance, medical bills, and grocery costs. Make sure that the total of the bills are not greater than the available income. Set up a plan which allows for basic needs: food, shelter, clothing, and medical care. Be sure to include anticipated expenses, like quarterly insurance premiums and holiday spending, etc.

Stop all use of credit.

Don't make purchases on credit if you can avoid it. This will save interest charges. Order a free credit report at: www.annualcreditreport.com or (877) 322-8228.

Protect yourself.

Alert others about your economic situation.

Explore ways to increase your income.

Check if you're eligible for tax credits, or benefits that you might qualify for if your income has dropped. Consider dropping or decreasing benefit contributions. Consider selling assets, personal items, investments, or property to help you come up with cash to pay down debt.

You should notify:

1. Your mortgage holder or your landlord.

Let them know in person if you cannot meet payment. A personal visit is suggested. Request postponement until income resumes. If you have FHA or Veteran's Insured Mortgage, ask for emergency forbearance (an emergency relief program to avoid foreclosure). With a landlord, discuss ways to work off your obligation, if possible.

2. Utilities.

(Phone, water, gas, electric). Tell them as soon as possible to show good faith. Make some payment even if it is not the full amount due! Reduce service as much as you can.

3. Any creditor.

(Car, furniture, credit cards, etc.) Try to set up an alternative payment plan and/or try to return collateral items (jewelry, furniture, etc.) to reduce debts. Keep full records of these transactions, including the name of the firm, person you spoke with, phone numbers, and account of what you agreed on, and the date. Make one copy for your file and file one with them, for their records.

Set priorities.

If your income does not cover all your bills, be sure to pay the following first, in this order: Rent, Utilities, Food, and Transportation.

Cancel unnecessary purchases/services.

This includes cable TV, subscription renewals, etc.

Consider refinancing.

Refinancing or renegotiating loans will help lower your fixed expenses (bank or credit union loans, car payments, mortgage).

File for Unemployment Insurance.

File online at: www.dwd.wisconsin.gov/uiben/ For assistance (414) 435-7069



Ways to Save Tip Sheet

Reduce your water bill

- Take shorter showers. Just by taking a few minutes off every shower will save you money.
- Set a timer. Installing a low flow shower head can make a difference here as well. Do not take baths.
- Turn off the water while brushing your teeth, or while washing your face. You can waste over two gallons of water each minute!
- Reduce your toilet's water consumption. Place a brick or a drink bottle filled with water into your toilet tank.
- Wash small loads of clothes. It is better to wash three small loads than two large loads.
- Check for water leaks and drips.
- Let nature water your plants. Use a rain barrel to hoard as much water as you can and use this to water your plants, both indoor and outdoor. You will also reduce your water use by watering outdoor plants at dawn and dusk.
- While warming up your sink/tub's hot water, catch and use the cold water that comes out, instead of letting it go down the drain. Place a water jug or other container under the spout of the sink and then turn on the hot water. Catch all of the water that comes out until the water gets hot. Store the container of water in your refrigerator and use it for things like drinking, filling up pet bowls, watering flowers, making coffee or tea, etc.

Lower your electric bill

- Check your home's furnace ducts in each room. Make sure that there is nothing obstructing the vents such as long drapes or furniture.
- Replace your incandescent light bulbs with more energy efficient fluorescent bulbs. You do not have to fill every spot with a light bulb. For a fixture that can take four bulbs, try only using two for savings.
- Unplug your charging units when you are not using them. Studies show that when chargers for cell phones, game consoles, and radios are plugged in to the outlet, it continues to draw electricity even if the item is not connected.
- Check your windows for drafts. Clean and re-caulk around the windows when you notice the old caulk beginning to wear, or cover windows with clear plastic.
- Check outlets located on the home's exterior walls. If you feel a slight draft coming through the outlet you can purchase rubber weatherproofing seals to be installed between the wall and the outlet plate to seal it more effectively.
- Make it a habit to routinely clean under your refrigerator. Accumulating dust will cause the compressor to work Overtime.
- Make sure the weather stripping around your front door, as well as all of your exterior doors, is in good shape. If not, replace it.
- Remember, for every degree you lower your temperature in winter, or raise it in the summer, you will save two to three percent in your energy costs.
- Help save your electricity bill in the summer by installing ceiling fans and cutting down on your air conditioning use.
- Turn off computers and TVs when not in use.
- Get a hot water heater "jacket." Consider turning down the temperature on your hot water heater or purchase a "tank less" water heater, which uses less energy than the standard models.
- Use a clothes line.

Ways to Save Tip Sheet (Cont.)

Lower your electric bill (Continued)

- Turn the lights off.
- Dry your clothing in the evening when the temperature is cooler.
- Use cold water to wash your clothes as opposed to hot.
- Cook on the grill.

Save money on groceries

- Plan your meals.
- Use a list to shop, but know when to stray from the list. Using a list will help reduce those impulse buys of items you don't really need. Don't overlook items that are exceptional bargains. Consider swapping items on your list.
- Meats - buy the family pack and get multiple meals out of it. Freeze the meat to keep longer.
- The most expensive items tend to be in the easiest spots. Before you grab that item on the end cap or the shelf at eye level, look in the lower shelves first. You might find a cheaper brand there.
- Know what items you are short of. You can avoid "associated purchases" if you know what you have on hand.
- Use coupons. Shop on "Double Coupon Days".
- Buy in bulk when an item is on sale. Know your prices before buying in bulk.
- If you shop with children, do not give in to their whims! Use your list and tell them you need to buy only those items.

Decrease household and clothing expenses

- Shop at thrift stores, consignment shops and garage sales.
- Purchase only what you need and will use.
- Sell clothing or items that you have not used in the past year. If you are keeping them for sentimental reasons, take a picture of the item to remember it by.

Extra savings ideas

- Buy in bulk when there's a sale. Buy only items that you need and will use. It may cost more initially, but in the long run you save a lot.
- Never pay full price. Buy extra groceries when they're on sale, only if you will use them. Stock up on buy-one-get-one-free items.
- Take a lunch to work instead of buying it from a fast food place.
- Save all of your loose change in a jar.
- Recycle - crushed cans and aluminum foil will bring in some extra cash.

Aging & Disability

The Aging & Disability Resource Center
920-787-6505
 or877-883-5378
 209 S St Marie St - Wautoma
 Provides services to residents 60+ and disabled adults.
 The center provides a One-Stop-Shop for assistance and
 access to resources and long term care programs.
 Provides Disability Benefit Specialist, Health Promotions
 and links to other services.

Waushara County Department of Aging
920-787-0403
 or877-364-5344
 209 S St Marie St - Wautoma
 Provides help to individuals 60+ and to caregivers of any
 age caring for a person 60+. Provides advocacy,
 congregate senior meal sites and home delivered meals,
 Elderly Benefit Specialist, transportation, and elder
 abuse reporting. Caregiver and Alzheimer's support
 groups.

Child Care Assistance

Referrals to Child Care Providers

Childcaring, Inc.....715-423-4114
 or.....800-628-8534
www.childcaring.org

Financial Assistance for Child Care

Call Center - East Central Income Maintenance
 Partnership888-256-4563

Waushara County
 Department of Human Services..... 920-787-6600

**To apply or find out about eligibility call East
 Central Income Maintenance Partnership or
 visit: www.access.wisconsin.gov**

Clothing & Household Items

Thrift Stores

The Cupboard
 303 W Main St. - Wautoma920-787-3929

Evergreen Thrift Store
 221 W Main Street - Wautoma920-647-1542

Second Time Around
 102 W Franklin St - Berlin.....920-361-0334

Domestic Abuse

CAP Services Domestic Abuse Outreach
 Office..... 920-787-3889
 or (24 hrs./day, 7 days/wk.).....800-472-3377
 Bi-Lingual services.....920-647-1739
 205 E. Main St.- Wautoma
 Services are free & confidential.

Economic Support/Public Assistance

Call Center - East Central Income Maintenance
 Partnership888-256-4563

Waushara County
 Department of Human Services..... 920-787-6600

► **Economic Support Programs** include Badger Care Plus,
 Medicaid, Medicare Savings Programs, Food Share
 (formerly Food Stamps), and Caretaker Supplement for
 eligible low income individuals and families.

**To apply or find out about eligibility call East
 Central Income Maintenance Partnership or visit:**
www.access.wisconsin.gov

► **Emergency Assistance** may also be available for
 individuals who are experiencing a financial crisis. This
 may include: rental assistance, eviction notices and utility
 disconnections. Applicants screened for eligibility.

Wisconsin Works (W-2)
 Program.....920-240-8020
 Employment services and training to help eligible residents
 get and keep employment while earning monthly payments
 based on program participation.

Education

Adult Basic Education Program

Fox Valley Technical College: Wautoma Regional
 Center.....920-787-3319 or 888-324-3218
 Prepares students to achieve their GED or HSED.

Colleges & Universities

Fox Valley Technical College: Wautoma Regional
 Center.....920-787-3319 or 888-324-3218
www.fvtc.edu

Mid-State Technical College: Stevens Point
 Center.....715-344-3063
www.mstc.edu

UW-Oshkosh.....920-424-1234
www.uwosh.edu

UW-Stevens Point.....715-346-0123
www.uwsp.edu



Continuing Education

Waushara County UW-Extension...920-787-0416

Provides educational programs in agriculture, community resource development, family living and youth development. The office is also a resource for continuing education courses offered through the University of Wisconsin. It has the capacity to host satellite and teleconference programs. www.waushara.uwex.edu

Skills Enhancement Program.....920-787-1422

The Skills Enhancement Program offers funding for qualifying individuals interested in pursuing training to further their job skills and secure career employment. Funding may be provided for tuition, books, other training-related fees, training-related child care, and training-related mileage. One-on-one support and guidance is provided until career employment is secured. Participants need to be working 20 hours a week & fall within 150% of poverty income guidelines to qualify. In Wautoma on Wednesdays.

Pre-School

Head Start..... 920-787-7742

or..... 920-787-1567
A child development program for income eligible children, ages 3 and 4. The program encourages the child's physical, intellectual, emotional, and social development while providing family services to parents. Children attend center based classroom. Located at CAP Services, 205 E Main Street, Wautoma.

Student Financial Aid

FAFSA.....800-433-3243

The office of Federal Student Aid provides grants, loans and work-study funds for college or career schools. The application is free and available on-line. <https://fafsa.ed.gov>

Helpful Websites

Learning Express Library

This database is accessible with a library card from one of the Waushara County libraries. Practice tests and e-books are available. www.learningexpresshub.com

Employment

Employment Training, Placement & Search

At the Waushara County Job Center:

- ▶ Education & Training Center Programs
.....920-252-3216

WIA-Funds job-related training for income eligible adults who are training or re-training for employment. May help pay for tuition, fees, books and supplies.
DISLOCATED WORKERS- counsels workers affected by plant closings and/or permanent layoffs.

- ▶ Career Center.....920-787-3338

Search job listing at jobcenterofwisconsin.com
Help job seekers find employment, identify and market their vocational skills, abilities and interests, and access appropriate educational and training programs as

necessary. Offers computer access to allow job seekers to use the Internet in their job search, and printers to do résumés, cover letters, etc.

FVTC Employment Connections....920-735-5627

Helps job seekers conduct their job search by using a project management style. Learn how to find the job you want through networking. Meets weekly. Attend as many meetings as you need. Appleton campus only in Room D135 (Subject to change) 11:30 a.m. –1:00 p.m.

Fox Valley Workforce Development Board

Career Changers Network.....920-720-5600

Assists those seeking employment or career change, allows individuals to practice networking skills, meet other job seekers in similar situations and find new ways to solve your employment issues. Meetings in Oshkosh or Appleton. www.foxvalleywork.org

National Farmworker Jobs Program

.....920-787-4617
or920-410-9106

Helps seasonal farmworkers obtain GED, education and training, and improve job skills to obtain employment in higher wage jobs with benefits.

SER/Jobs For Progress800-427-2306

Assists individuals ages 55 or older in finding employment. www.ser-national.org

Waushara Co Food Share Employment and Training (FSET) Program.....920-240-8020

Provides Food Share members free assistance and support needed to obtain competitive employment or enhance opportunities for career advancement. Services are designed to use the strength, needs and preferences of the job seeker that will result in successful employment and increase earning potential. Funding may be available for job-related training.

Wisconsin Works (W-2)

Program.....920-240-8020

W-2 is Wisconsin's Temporary Aid for Needy Families (TANF) program, which provides employment services and training to help eligible residents get and keep employment. www.fsc-corp.org

Public Libraries serving Waushara County:

- ▶ Coloma Public Library.....715-228-2530
- ▶ Hancock Public Library.....715-249-5817
- ▶ Leon-Saxeville Public Library..920-987-5110
- ▶ Patterson Memorial Library (Wild Rose)
.....920-622-3835
- ▶ Plainfield Public Library.....715-335-4523
- ▶ Poy Sippi Public Library.....920-987-5737
- ▶ Redgranite Public Library.....920-566-0176
- ▶ Wautoma Public Library.....920-787- 2988

Services vary by location. Computer use instruction and public-use computers for word processing and internet searching that can help people find and apply for jobs. Some may have dedicated job computers, free computer classes and job-related assistance including ability to print applications or resumes.

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www.wausharapreventioncouncil.org



Employment (Cont.)

Starting Your Own Business

CAP Services Business Development Program.....920-787-7461

Provides technical assistance at no charge to low-income individuals starting a business or to businesses committed to creating jobs that will be filled by low-income workers. Can also potentially provide low-interest financing.

Fox Valley Technical College Venture

Center.....920-735-5709

The Venture Center is equipped with experts, networks, and resource to help those in small business, whether they are just starting up or have been in business for years. Provides technical assistance and support.

www.venturecenterwi.com

SCORE Offices:

- ▶ Fox Cities SCORE (Appleton) 920-734-7101 x105
Volunteers with business experience provide counseling and mentoring for people who operate a business or who wish to start a business. <https://foxcities.score.org>

Financial Coaching/Budgeting

Financial Information & Services Center (FISC)

Goodwill (Oshkosh).....920-966-1200

Goodwill (Menasha) 800-366-8161

Fee requested. Financial counseling for bankruptcy, debt management, and personal budgets.

Waushara Co. UW-Extension.....920-787-0416

FREE financial counseling and coaching. Budgeting, spending plans, identity theft information and referrals to community resources.

www.waushara.uwex.edu/family-living

Food

Community Meals

St. John's Lutheran Church.....920-622-3371

W4570 County Road A - Saxeville

2nd Wednesday of the month: dinner 5pm-6pm

United Church of Christ.....715-249-5133

301 North Main St. - Hancock

1st Wednesday of January, March, May, July, September & November: Dinner 4:30-6pm

St. Joseph's Catholic Church.....920-787-3848

364 South Cambridge St. - Wautoma

Last Saturday of every month: Lunch 11am-1pm

Location rotates: contact Judy Batterman: 920-787-2776 for luncheon location.

Food Assistance Programs

FoodShare (formerly Food Stamps)

Provides a Quest Card for eligible participants to use in most grocery stores to purchase food

Call Center - East Central Income Maintenance Partnership .. 888-256-4563

Waushara County

Department of Human Services..... 920-787-6600

To apply or find out about eligibility call East Central Income Maintenance Partnership or visit: www.access.wisconsin.gov

WIC (Women, Infants & Children Nutrition Program).....920-787-5514
or.....800-942-5330

Provides vouchers to purchase food for young children and their mothers, through Family Health/La Clinica.

Food Pantries

Coloma Food Pantry715-228-4171

409 North Slater St. - Coloma

(Prince of Peace Lutheran Church)

3rd Saturday of each month. 10am-12pm.

Crossroads Family Church.....920-787-2355

640 S. Water St. - Wautoma

Mon. thru Fri., 9am-3pm. Need to call for appointment.

First Congregational

United Church of Christ920-566-4666

887 Bonnell Ave. - Redgranite

Wednesdays 1-4 pm. Serving residents of the Wautoma Area School District.

Joseph's Hope Pantry.....715-335-6905

612 East North St. - Plainfield

2nd & 4th Saturday of month except Nov/Dec 1st & 3rd Saturday 9-11am. Serving Bancroft, Almond, Hancock and Plainfield area.

Peace Lutheran Pantry.....920-787-3856

335 W. Prairie St.—Wautoma

Tuesday thru Thursday 8am-1pm or by appointment.

Saxeville Community Church

Food Pantry.....920-622-3088

or.....920-765-0303

W4616 County Rd A - Saxeville

1st Saturday of the month 9-10am

Waushara County

Food Pantry920-787-0641

or.....715-869-3663

220A Oakridge Court - Wautoma

Tuesdays & Fridays 11am-4pm. Serving all Waushara County residents.



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www.wausharapreventioncouncil.org

Health Services

BadgerCare/Medicaid/Medicare Savings Programs:

Call Center - East Central Income Maintenance Partnership888-256-4563

Waushara County
Department of Human Services..... 920-787-6600

To apply or find out about eligibility call East Central Income Maintenance Partnership or visit: www.access.wisconsin.gov

Family Health/La Clinica920-787-5514
or.....800-942-5330
400 South Townline Rd - Wautoma
Primary health care, women's health, specialty services, health education, lab services, pre-employment screenings and complete dental care. Accepts MA and all insurance plans. Affordable Care - Income Based Sliding Fees. www.famhealth.com

Waushara County
Health Department.....920-787-6590
Car seats, immunizations, flu shots, blood Pressure, loan closet, pregnancy testing, dental fluoride, lead, water testing, prenatal care, and contraception.
www.wausharacountypublichealth.com

Health Insurance Marketplace

.....800-318-2596
Check available options, compare plans/programs and enroll. www.healthcare.gov

Marketplace Assistance

Family Health/La Clinica..... 920-787-5514
or.....800-942-5330
<https://localhelp.healthcare.gov>

Patient Assistance Programs

Many healthcare organizations offer assistance to patients who are not eligible for government medical assistance programs, those unable to pay their medical bills, or those with limited financial resources. Check with the patient services department of your clinic or hospital to find out about eligibility.

Prescription Drug Assistance

Family Wize Prescription
Drug Discount Card.....800-222-2818
www.familywize.org

NeedyMeds Website..... 800-503-6897
www.needymeds.org

Partnership for Prescription
Assistance.....888-477-2669
www.PPARX.org

Caremark.....877-321-2652
www.caremark.com/naco or www.nacorx.org

Help For Addictions

Alcohol & Other Drugs

Family Health/LaClinica920-787-5514
or.....800-942-5330
Alcohol and drug abuse assessment and out-patient treatment services for individuals, children, youth and families. Offers Medically Assisted Opiate Treatment Program. Accepts Medical Assistance, private insurance and sliding fee scale.

Waushara County Department of Human
Services.....920-787-6550
Alcohol and drug abuse assessment and out-patient treatment services for individuals, children, youth and families. Accepts Medical Assistance, private insurance and sliding fee scale.

Gambling

Wisconsin Council on Problem
Gambling.....800-426-2535
Information and referral for compulsive gamblers and their loved ones. www.wi-problemgamblers.org

Smoking & Tobacco Use

Wisconsin Tobacco Quit Line.....800-784-8669
Free telephone counseling and other information about quitting methods, medications, quit plans and tips.
www.ctri.wisc.edu/quitline2.html

Housing

Financial Assistance

Waushara County
Department of Human Services.....920-787-6600
Rental assistance may be available for individuals who are experiencing a financial crisis. Applicants are screened for eligibility.

WHEDA Section 8 Voucher Program
Allegiant Property Management....608-784-1381
or.....888-393-3282
Program helps families with very low incomes rent safe, sanitary and affordable housing. Eligibility determined by household size, gross annual income and criminal background checks.

CAP Services Rental Housing.....877-377-1434
Provides fixed rate rental homes and apartments for low to moderate income individuals.
www.capservices.org/rentals

Statewide Rural Housing, Inc.....888-400-5974
Rent and mortgage assistance for households in crisis.



Housing (Cont.)

Operation Round-Up Trust

Adams-Columbia Electric Co-op.....608-339-3346
or.....800-831-8629

Individuals in ACEC service area are encouraged to apply for assistance from the Community Fund. Applications available at the co-op service center in Wautoma, or can be requested by mail by writing to P.O. Box 70, Friendship, WI 53934 or at www.acecwi.com

Foreclosure Assistance

Homestead Solutions, Inc.....920-230-3324

Non-profit, HUD certified Housing Counseling Agency that works with homeowners at risk of or who are already having trouble keeping up with mortgage payments. Helps homeowners take action to avoid foreclosure. <http://homesteadsolutions.org>

Financial Stability Website

The U.S. Dept. of Housing and Urban Development (HUD) and Dept. of Treasury offer this website to disseminate basic information about the federal government's Foreclosure Prevention Plan. www.financialstability.gov

Homeowner's HOPE™ Hotline.....888-995-4673

Provides free telephone or on-line credit counseling to help consumers establish a budget and understand loan terms. Counselors can work with lenders on consumer's behalf to develop a payment plan. www.995hope.org

Making Home Affordable Website

Information about the federal government's Home Affordable Refinance Program. www.makinghomeaffordable.gov

Home Repair

CAP Housing Repair Program.... 608-297-2801

Offers deferred loans for housing repairs to meet HUD standards. Repairs include, but are not limited to: roof, siding, windows, doors, electrical, plumbing, furnace replacement, water heater replacement, foundation repair, lead hazard reduction, energy conservation and accessibility accommodations. No repayment is required until you sell the home; it is no longer your primary residence or 30 years from the date of closing. Call for eligibility and program guidelines.

Utilities Assistance and Weatherization

Energy Assistance Program.....920-787-1830

Wisconsin Home Energy Assistance Program (WHEAP) provides assistance for heating costs, electric costs and energy crisis situations for income-eligible residents.

Energy Conservation/
Home Weatherization Program.....920-787-3949

May provide a variety of home improvement measures (insulation, furnace and foundation repairs, etc.) for energy conservation (NOT for emergency work) through CAP Services. Income guidelines apply.

Legal Services

Labor Laws & Standards.....608-266-6860

Administers Wisconsin's Fair Employment Law which prohibits discrimination based on ancestry, color, creed, national origin, race, sex, disability, arrest or conviction, age (40+), marital status, sexual orientation, use of lawful products or member of military reserve; Wisconsin's Family and Medical Leave Act; and handles complaints for unpaid wages, child labor, minimum wage, overtime, street trades, business closing and mass lay offs, cessation of health care benefits and personnel records. www.dwd.wisconsin.gov/er

Lawyer Referral &
Information Service.....800-362-9082

Hotline answers simple legal questions & makes lawyer referrals through the State Bar of Wisconsin. www.legalexplorer.com

Legal Action of Wisconsin.....855-947-2529

Legal Action of Wisconsin provides free civil legal assistance to low-income clients. Priority practice areas include: housing law (e.g. termination notices, eviction prevention), family law for victims of domestic violence (e.g. divorce, custody/placement, child support), public benefits (e.g. Food Shares, Medical Assistance, BadgerCare, SSI/Social Security), and consumer law (e.g. garnishments, vehicle repossession). www.legalaction.org

Legislative Hotline.....800-362-9472

For general information about the Wisconsin Legislature, legislative processes, bill histories, and other inquiries. www.legis.wisconsin.gov

Modest Means Referral Program....888-529-7599

Applicants whose income is too high to qualify for free legal aid but too low to pay an attorney's regular fees may be referred to an attorney who has agreed to reduce fees for their services. www.wisbar.org/forPublic/INeedALawyer/Pages/Modest-Means

Public Defender's Office.....920-424-3304

303 Pearl Avenue Suite B
Oshkosh, WI 54901
Provides legal representation for income eligible individuals seeking legal representation in circuit court for proceedings involving criminal charges, protective placement, revocation of probation or parole, termination of parental rights or juvenile delinquency proceedings. www.wisspd.org

US Dept. of Labor – Wage/Hour Division
National Helpline.....866-487-2365

Administers and enforces Federal labor laws, including minimum wage, overtime, Family and Medical Leave Act, and Migrant and Seasonal Agricultural Worker Protection Act. www.dol.gov/esa/whd



Mental Health Services

Individual, Child, Family or Couples Counseling

Family Health/LaClinica.....920-787-5514
 or.....800-942-5330
 400 South Townline Rd. - Wautoma
 Serving Waushara County individuals, children, youth and families. Accepts Medical Assistance, private insurance and sliding fee scale.

Waushara County
 Department of Human Services.....920-787-6550
 230 West Park St - Wautoma
 Serving Waushara County individuals, children, youth and families. Accepts Medical Assistance, private insurance, sliding fee scale.

Migrant & Seasonal Farm Workers

Migrant Emergency Assistance

UMOS.....920-787-4617
 or.....800-279-8667
 CAPsell Building 205 E. Main St—Wautoma
 Provides emergency food and gas assistance.

Migrant Emergency Housing Assistance

UMOS Aurora Center.....920-361-1266
 or.....800-279-8667
 N1485 County Road XX - Berlin
 Provides emergency assistance/referrals/counseling and assistance with housing.

Migrant Head Start/Child Development Programs

UMOS.....920-232-9611
 or.....877-413-8667
 300 S. Koeller St; Suite E - Oshkosh
 Offers Head Start and Day Care programs available to eligible participants. www.umos.org

Migrant Labor Laws & Housing

Migrant Labor Inspector/Camp Housing
 Bureau of Migrant Services
 Migrant Law Enforcement.....715-697-3398
 320 W. Grand Ave. Suite 102 Wisconsin Rapids, WI 54495
 Enforcement of Wisconsin's Migrant Labor Law: standards for wages, hours and working conditions, certification, maintenance and inspection of migrant labor camps.

UMOS Latina Resource Center414-389-6500
 HIV/STD Testing.....414-389-6507
 After Hours.....414-933-9961
 Fax.....414-389-9961
 802 W. Mitchell Street - Milwaukee, WI 53204
 Services provided to low income victims of domestic violence, sexual assault and other serious crimes.

National Farmworker Jobs Program
920-787-4617
 or920-410-9106
 Helps migrant and seasonal farmworkers obtain GED, education and training, and improve job skills to obtain employment in higher wage jobs with benefits.

Parenting

Early Head Start.....920-787-1504
 A program designed to provide high-quality, comprehensive child and family development services to low income pregnant women and families with infants and toddlers (up to age three). Family-centered services facilitate child development, support parental roles and promote self-sufficiency.
 Families and staff work together to identify and meet child development goals during weekly home visits. Social time with other families and their children are planned by parents twice per month.

CAP Family Resource Center.....920-787-7696
 Parent education services including information and support offered in home based one-to-one or center based group settings.

Waushara Co. Department of Human Services
920-787-6550

Waushara Co. UW—Extension.....920-787-0416
 Parenting classes and on-line parenting newsletters and information at www.fyi.uwex.edu/parenting

Tax Preparation Assistance

VITA (Volunteer Income Tax Assistance Program).....800-660-5430
 FREE Income Tax Preparation Assistance for low-income, elderly, disabled and limited English speaking people. Volunteers are trained and certified by the IRS. (February - April)
www.capservices.org/vita

Transportation

MTM, Inc.....866-907-1493
 Non-emergency medical transportation for individuals On Medical Assistance. Available 7 days/week. 48 hour notice requested. Co-pay required.

Waushara County Department of Aging
920-787-0403

► Mini Bus
 Transportation within Waushara County for county residents of any age. Riders must register through the Department of Aging. Three day notice requested. Charges may apply. Bus runs Mon-Fri 7:30am-6pm



A network of committed community members and organizations who collaborate and advocate for effective prevention programs serving Waushara County.

www.wausharapreventioncouncil.org

Transportation (Cont.)

► Volunteer Driver Program

Transportation to medical appointments for people 60+ disabled adults or veterans. Program operates through Department of Aging. Riders must be registered. Three day notice requested. Charges may apply.

Waushara Industries Inc.....920-787-4696

210 East Chicago Rd - Wautoma
Transportation for seniors, disabled, vocational, and/or private pay individuals for recreational, shopping and medical appointments within Wisconsin. 24 hour notice preferred. Charges may apply.

Work-n-Wheels Program.....715-343-7110

Zero percent interest auto loan program is for employed, income eligible individuals and families who need to purchase a safe and dependable vehicle.

Unemployment Compensation

Apply online at www.dwd.wisconsin.gov/uiben/

Provides payments based on work in Wisconsin to eligible workers who are temporarily unemployed.

For assistance414-435-7069

Veterans & Military Families

County Veterans' Services Office

Waushara County

Veterans Service Office.....920-787-0446

230 West Park Street-Wautoma
Offers assistance with Federal and State VA benefits, including federal VA home loans, compensation, pension, medical care, education benefits, burial benefits and grave markers. State benefits including; health care grants, subsistence grants, education grants, and State veterans homes. Or apply for VA benefits online at: www.va.gov/onlineapps.htm

Heat for Heroes.....800-891-9276

Out of fuel, disconnection, broken furnace or fallen behind on utility bills. www.heat4heroes.org

Military Families

Family Assistance Center.....800-292-9464 (Press 3)

Family Assistance Centers simplify the process of accessing needed services for families of veterans or service members called to active duty for an extended period of time.

<http://wisconsinmilitary.org>

Armed Forces Emergency

Services.....877-272-7337

The American Red Cross works with military aid societies to help meet emergency financial needs when an urgent personal or family crisis arises (such as burial of a loved one, or emergency travel, food, housing, car repair, utilities assistance or medical bill payment.)

Military OneSource.....800-342-9647

or.....877-888-0727

Provides counseling services to active military members, as well as their families. General counseling services available face-to-face, by telephone and online.

Counseling sessions address short-term non-medical concerns and are limited to 12 sessions per issue per counselor.

www.militaryonesource.com

Operation Homefront.....800-390-4643

Provides emergency assistance to our troops, to the families they leave behind and to wounded warriors when they return home, including help with: auto repair, disaster relief, home & appliance repair, food assistance, vision care, financial assistance, furniture & household items, moving assistance.

www.operationhomefront.org

Veterans Crisis Line

Crisis Line.....800-273-8255 press 1

Connects Veterans in crisis, their families and friends with qualified, caring Department of Veterans Affairs responders through a confidential toll-free hotline, online chat, or text.

Online Chat.....www.veteranscrisisline.net

TEXT.....838255

Veterans Education

Federal VA Education Benefits.....888-442-4551

Or apply for VA benefits online at:

<http://www.gibill.va.gov/benefits>

State WDVA Education Benefits...800-947-8387

Contact the CVSO for assistance in determining eligibility and application for WDVA benefits.

Veterans Employment

Local Veterans Employment Rep...920-968-6874

Resume, Job search and Job placement assistance and case management for veterans, through the Workforce Development Center, Menasha, WI.

Small Business Association Veterans Rep

.....414- 297-1099

Office Email: Wisconsin@sba.gov

The Small Business Association has a number of programs dedicated to the support and resourcing of veteran entrepreneurs, from assistance in planning for your own small business, help in finding start-up capital, and mentorship through the process of growing the business. <http://www.sba.gov/wi>

Veterans Financial Aid

Veterans Commission Grant.....920-787-0446

A one time assistance grant used to help veterans through tough times. Can be used to address any need, however is only granted to aid in the permanent fix to a problem rather than simply offering temporary relief. Grant only pays to valid debtors or can aid with food or auto fuel vouchers. Contact your Veterans Service Officer.



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Veterans Food

Subsistence Aid Grant.....920-787-0446

If you suffer a loss of income due to illness or disaster, you can apply for up to 3 months of subsistence aid. (MUST apply within 90 days of the loss) Contact your Veterans Service Officer.

Veterans Health / Mental Health Services

Tomah V.A. Medical Center.....800-872-8662

Wisconsin Rapids V. A. Clinic.....715-424-4682
Primary medical care and mental health counseling for veterans only. (Veterans must qualify for enrollment in VA health care, contact your County Veterans Service Office for eligibility and application assistance)

Vet's Center.....608-264-5342

Readjustment, PTSD, substance abuse counseling and referral. Bereavement counseling. Couples / Family / Group counseling. Job counseling and referral.

Aid to Needy Veterans Grants.....920-787-0446

130% poverty level or below—Assistance with qualifying dental or optometric care. (Contact your Veterans Service Office for eligibility and application assistance.)

Veterans Housing / Homeless Programs

Center for Veterans Issues

Fond du Lac, WI.....920-906-4779

or.....920-906-4780

Provides a wide range of services to low income veterans who are homeless or at risk of becoming homeless.

VA Regional Loan Center.....800-827-0611

Assistance by Email: rlc.vbaspl@va.gov

The VA Regional Loan Center can help Veterans obtain mortgage loans, can answer questions or address concerns about their VA home loan benefits. The Regional Loan Center staff can also work with loan servicers to help Veterans avoid foreclosure and assist service disabled Veterans with application for Specially Adaptive Housing.

Veterans Assistance Program

King, WI.....715-256-1118

Helps military veterans who are homeless or at risk of becoming homeless obtain steady employment and affordable housing to reintegrate into the community.

Supportive Services for Veterans Families

.....866-823-8387

Provides a wide range of services to low income veterans who are homeless or at risk of becoming homeless. Contact VAF Tomah to schedule an appointment with an SSVF counselor.

Veterans Legal Assistance

Legal Action of Wisconsin.....800-236-1128

Free civil legal assistance—must qualify as low income.

<http://badgerlaw.net/Home/PublicWeb/LAW>

Wisconsin Legal Assistance for Military

Personnel.....Must apply Online

Veterans, active duty military personnel and members of the National Guard and reservists who have legal issues that can be resolved by a Wisconsin lawyer are eligible individuals if they meet low income requirements. Family members of eligible individuals may also receive legal assistance.

<http://www.wisbar.org> (click "for public" then click "Help for Military Personnel")

Veterans Transportation

Waushara County

Department of Aging.....920-787-0403

Volunteer drivers transport veterans to and from their medical appointments—please contact the Veterans Service Office to validate veterans status prior to using the system. Co-pays for trips apply, but may be subsidized by the VA or the CVSO office.

